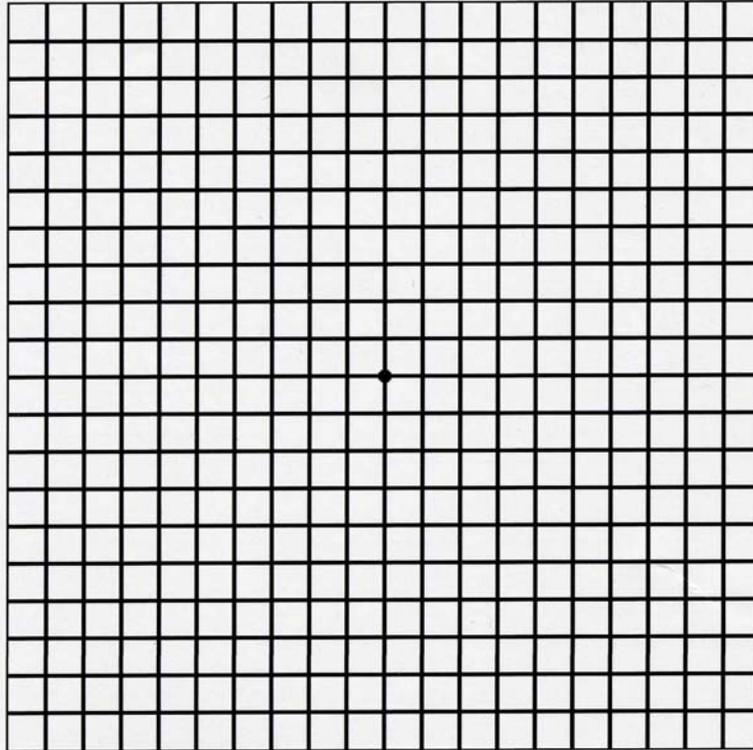


## AMSLER GRID Test for Macular Degeneration



1. Position grid at eye level, approximately 14 inches in front of you.
2. Reading glasses or bifocals should be kept on while taking this test.
3. Cover one eye and concentrate with the uncovered eye on the dot in the center of the grid.
4. Are any areas blurry? Do you see spots, empty areas, or wavy lines?
5. Repeat with opposite eye.
6. Call your eye care specialist if you detect any blurriness, spots, empty areas, wavy lines, or other changes in your vision.
7. Repeat the test daily.



THE NATIONAL RETINA INSTITUTE  
LEADERS IN THE TREATMENT OF RETINAL DISEASES

***For More Information Call***

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<b>Chevy Chase, MD</b>	<b>301-986-8747</b>
<b>Tyson's Corner, VA</b>	<b>703-288-9001</b>
<b>Silver Spring, MD</b>	<b>301-562-1311</b>
<b>Fredericksburg, VA</b>	<b>540-654-5333</b>

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