

SELECT BENEFITS COBRA HEALTH CONTINUATION RIGHTS

The federal Consolidated Omnibus Budget Reconciliation Act (COBRA) ensures that you and/or your dependents will have the opportunity to continue your health insurance in certain circumstances where it would otherwise terminate. See the enclosed Select Benefits Health Coverage Continuation brochure for detailed information.

Coverage

The coverage you are eligible to continue may be equal to, or less than, the coverage you had as an active employee. You may continue medical only or choose to include dental, vision, and/or the Health Flexible Spending Account (HFSA) with a medical plan. For example, if you currently have standard medical, dental, or vision, you may elect to continue standard or economy medical (but not premium). In addition, you may elect standard or preventive dental (but not premium) and/or any vision plan. You must elect medical to continue either dental, vision, and/or HFSA. If you want to contribute to HFSA, the contribution must equal your current monthly contribution. HFSA may only be continued through the end of the benefit year, June 30.

If you have any questions, please contact the Division of Retirement and Benefits toll-free at 1-800-821-2251 or in Juneau at (907) 465-8600 or by e-mail to doa.drb.benefits@alaska.gov.

COBRA HEALTH PREMIUMS

		<u>Monthly Premium</u>
Medical:	Premium Employee/Standard Family	\$1,336.25
	Premium Employee & Family	1,577.00
	Standard	1,225.00
	Economy	1,056.75
Dental:	Premium	\$206.00
	Standard	123.50
	Preventive	53.00
Vision:	Standard	\$ 39.75
	Managed	25.50

NOTE: These premiums are effective July 1, 2010, and are subject to change.

Reminder: Your premiums can be deducted directly from your bank account. If you are interested in this option, please see the enclosed Automatic Funds Transfer Authorization form.