



## AlaskaCare Benefit Clarification

<b>Benefit Title</b>	Dental Frequencies	<b>Group Number</b>	10010459
<b>Effective Date</b>	January 1, 2018	<b>Date Submitted</b>	

**Applicable Benefit Plan (check all that apply):**

- Active   
  Retiree   
  Long-Term Care  
 Medical   
  Dental   
  Vision   
  Audio   
  Pharmacy   
  Other

**Description:** Plan language imposes frequency limits based on once in any 6-month period for dental services such as exams, and cleanings. Scheduling exception was limited to a 2 week period on either side of targeted frequency date.

**AlaskaCare Insurance Information Booklet Reference(s):**

- **January 1, 2014 Amendment to 2003 Retiree Health Plan document:** Pages 19-25

**Decision:** Allow frequencies based on two times per benefit year rather than 6-month period to allow for flexibility in scheduling. Additionally expand cleaning frequency as follows:

- up to 2 times per benefit year for most people;
- up to 3 times per benefit year for pregnancy;
- up to 4 times per benefit year for diabetes or periodontal disease;
- other exceptions when determined dentally necessary by Moda/Delta Dental.

**Plan Administrator Approval:**

Signature

Title Director

Division of Retirement and  
Benefits

Date 1/1/18

**Comments:**

**This benefit clarification applies to the AlaskaCare Retiree Health Plan as amended January 1, 2018.**

A benefit clarification is one mechanism by which the Plan Administrator provides guidance to the Third Party Administrator (TPA) as to the proper adjudication of a specific provision of the AlaskaCare Health Plan(s). A benefit clarification does not amend the AlaskaCare Health Plan(s); rather, it provides clarification as to the Plan Administrator's intent with regard to a specific provision of the plan document. No covered person will have any vested interest in a benefit clarification. The Commissioner of Administration, as administrator of the AlaskaCare Health Plans, reserves the right, in his sole discretion, to alter, amend, delete, cancel or otherwise modify this benefit clarification at any time and from time to time, and to any extent that he deems advisable.