



## AlaskaCare Benefit Clarification

<b>Benefit Title</b>	Smoking Cessation	<b>Group Number</b>	866219-30 to 41
<b>Effective Date</b>	January 1, 2018	<b>Date Submitted</b>	

**Applicable Benefit Plan (check all that apply):**

- Active   
  Retiree   
  Long-Term Care  
 Medical   
  Dental   
  Vision   
  Audio   
  Pharmacy   
  Other

**Description:** Prescription Smoking Cessation Medication Coverage

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**AlaskaCare Insurance Information Booklet Reference(s):**

2003 Retiree Insurance Information Booklet as amended January 1, 2014

Page 5 – Introduction states, “The State of Alaska retirement systems provide extensive and valuable benefits for you and your family including hospitalization, medical, surgical, maternity care, and other services necessary for the diagnosis and treatment of an injury or disease.” Page 32 – Pharmacy states, “The Plan pays for prescription drugs for the treatment of an illness, disease, or injury if dispensed upon prescription of a provider acting within the scope of their license.”

Page 51 – Medical Expenses not Covered states, “Treatment of mental, neuropsychiatric and personality disorders, except as described under the ‘Mental and Nervous Disorders’ section on page 44-45.”

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**Decision:** Direct Aetna to begin covering the recommended course of treatment for Chantix, Nicotrol Inhaler, Nicotrol Nasal Spray, Zyban and any generic equivalent. Cover an additional course of treatment, if recommended by a physician.

**Plan Administrator Approval:**

Signature

Title Director  
 Division of Retirement and  
 Benefits

Date 1/1/18

**This benefit clarification applies to the AlaskaCare Retiree Health Plan as amended January 1, 2018.**

A benefit clarification is one mechanism by which the Plan Administrator provides guidance to the Third Party Administrator (TPA) as to the proper adjudication of a specific provision of the AlaskaCare Health Plan(s). A benefit clarification does not amend the AlaskaCare Health Plan(s); rather, it provides clarification as to the Plan Administrator's intent with regard to a specific provision of the plan document. No covered person will have any vested interest in a benefit clarification. The Commissioner of Administration, as administrator of the AlaskaCare Health Plans, reserves the right, in his sole discretion, to alter, amend, delete, cancel or otherwise modify this benefit clarification at any time and from time to time, and to any extent that he deems advisable.