



Retiree COBRA Open Enrollment for 2012

November 28 — December 16

The AlaskaCare Retiree health plan is providing you an opportunity to change your health benefit coverage. Open Enrollment begins November 28, 2011, and ends December 16, 2011. During this open enrollment, you may make changes to your health coverage which will be effective January 1, 2012.

Please review the enclosed Statement of Current Benefits for a list of your current selections. The benefits you may change are based on the benefits you are covered by now.

The premiums for Medical and Dental/Vision/Audio coverage have increased for the new benefit year, effective January 1, 2012.

Please read the enclosed information for additional details.

If you want to change your benefits, your Retiree COBRA Health Continuation Enrollment form must be postmarked or received in our office by December 16, 2011.

Alaska Division of Retirement and Benefits

P.O. Box 110203, Juneau, AK 99811-0203

Telephone: (800) 821-2251 or in Juneau: (907) 465-4460

FAX: (907)465-4668

TDD: (907) 465-2805

Email: doa.drb.benefits@alaska.gov

Benefits You Can Change

You may:

- Increase the level of coverage to provide for your eligible dependents and/or same-sex partner. For example, you may increase coverage from retiree only to retiree and spouse. If you add coverage for dependents, you must complete a *Retiree COBRA Health Continuation Enrollment* form and return it to our office.

OR

- Decrease the level of coverage to no longer provide coverage for some or all of your dependents. For example, you may decrease coverage from retiree and spouse to retiree only. If you delete coverage for dependents, you must complete a *Retiree COBRA Health Continuation Enrollment* form and return it to our office.

What You Need To Do

Follow these steps:

1. Review the enclosed *Statement of Current Benefits* for details on your current selections and the *Retiree COBRA Health Continuation Enrollment* form for next year's premiums.
2. Decide if you want to change the level of coverage you already have.
3. Decide if you are eligible to add DVA coverage if you are not already enrolled or if you want to decrease the level of coverage you already have.
4. Complete the enclosed *Retiree COBRA Health Continuation Enrollment* form, indicating the coverage you would like effective January 1, 2012. Be sure to list all eligible dependents and sign and date the form. Return it to our office — **it must be postmarked or received by December 16, 2011.**

If you have questions, please contact the Health Benefits Customer Service Center toll-free at (800) 821-2251, in Juneau at (907) 465-4460, or by email at doa.drb.benefits@alaska.gov.

Questions and Answers

1

If I elect medical coverage for myself only, can I elect dental coverage for myself, spouse, and eligible dependents?

No. The level of DVA coverage elected during this Open Enrollment period must be no greater than the level of medical coverage you are electing for the first time during this open enrollment.

2

I elected DVA only at the time of my retirement. May I elect to purchase and enroll in major medical coverage during the Open Enrollment period?

Yes.

3

May I enroll in or increase Long-Term Care coverage during the Open Enrollment period?

No. Long-Term Care could only be elected when you retired and may not be increased later.

4

Where can I find information about the AlaskaCare Health Plan and what it covers?

You can find the Retiree Insurance Information Booklet, as well as other information regarding the health plan, on our website at AlaskaCare.gov, under Retiree Health Plan, Insurance Booklet.

Remember. . .

Deadline: December 16, 2011

Contact Information:

Benefits Customer Service Center Hours
Monday - Friday, - 10 a.m. - 3:30 p.m.
Alaska Standard Time

Toll-Free Phone (800) 821-2251

Juneau Phone(907) 465-4460

Email:
doa.drb.benefits@alaska.gov

**State of Alaska
Department of Administration
Division of Retirement and Benefits**

P.O. Box 110203
Juneau, AK 99811-0203

Toll-Free: (800) 821-2251

TDD: (907) 465-2805

In Juneau: (907) 465-4460

Email: doa.drb.benefits@alaska.gov

alaska.gov/drbs

The Alaska Department of Administration complies with Title II of the 1990 Americans with Disabilities Act. This publication is available in alternative communication formats upon request. To make necessary arrangements, contact the ADA Coordinator for the Division of Retirement and Benefits toll-free at (800) 821-2251 or in Juneau at (907) 465-4460 or the TDD for the hearing impaired at (907) 465-2805.