

## STATE OF ALASKA SELECT BENEFITS 2013 PREMIUM CARD

The monthly premiums for each option are listed below. The total premium cost for the options you select will be withheld from your salary each month. The premiums will be split. Since these premiums are deducted before taxes are calculated, your taxable income is reduced. **The premiums on this card are effective 7/1/2013 through 12/31/2013.**

### MEDICAL

Option	Monthly Cost
Premium Plan for Employee and Family	\$ 2,028.00
Standard Plan for Employee and Family	1,482.00
Economy Plan for Employee and Family	1,335.00

### DENTAL

Option	Monthly Cost for Employee and Family
Premium Plan	\$ 208.00
Standard Plan	125.00
Preventive Plan	54.00

Your Dental election will remain in effect for at least 18 months. Premiums are subject to change.

### VISION

Option	Monthly Cost for Employee and Family
No Coverage	\$ 0.00
Standard Plan	40.00
Managed Care Plan	26.00

Your Vision election will remain in effect for at least 18 months. Premiums are subject to change.

### LIFE INSURANCE

Employee Age	Monthly Cost				
	\$10,000	\$20,000	\$30,000	\$40,000	\$48,000
Under 30	\$ .34	\$ .68	\$ 1.02	\$ 1.36	\$ 1.62
30-39	.42	.84	1.26	1.68	2.02
40-44	.70	1.40	2.10	2.80	3.36
45-49	1.02	2.02	3.04	4.06	4.86
50-54	1.58	3.14	4.72	6.30	7.56
55-59	2.38	4.76	7.14	9.52	11.42
60-64	3.40	6.80	10.18	13.58	16.30
65-69	4.90	9.80	14.70	19.60	23.52
70-74	10.84	21.68	32.52	43.36	52.02
75-79	20.62	41.22	61.84	82.46	98.94
80-84	29.22	58.42	87.64	116.86	140.22
85+	45.00	90.00	135.00	180.00	216.00

To determine your monthly premium, find your age as of 7/1/2013, the amount of life insurance elected, and the corresponding premium on the chart.

### ACCIDENTAL DEATH AND DISMEMBERMENT

Who is Covered	Monthly Cost
Employee	\$ 1.80
Employee and Family	\$ 2.70

Your monthly premium is based on whom you elect to cover: you or you and your family.

### SURVIVOR BENEFITS

Employee Age	Monthly Cost
Under 30	\$ 1.32
30-39	1.60
40-44	2.66
45-49	3.86
50-54	5.98
55-59	9.04
60-64	12.90
65 and Over	18.62

To determine your monthly premium, find your age as of 7/1/2013 and the corresponding premium on the chart.

### SHORT-TERM DISABILITY

Who is Covered	Plan	Monthly Cost
Employee	Plan A	\$ 1.26
	\$210/week	

Every employee who elects this benefit pays the same premium.

### LONG-TERM DISABILITY

Employee Age	Premium per \$100 of Wage	
	Plan B (50%)	Plan C (70%)
Under 25	\$ .33	\$ .74
25-29	.34	.75
30-34	.34	.76
35-39	.35	.78
40-44	.37	.82
45-49	.40	.88
50-54	.44	.96
55-59	.48	1.05
60-64	.49	1.07
65-69	.52	1.11
70 and Over	.64	1.33

To determine your monthly premium, divide your monthly wage by 100 and multiply the result by the monthly premium for your age group. Example: If your base pay is \$2,000 monthly and you are 54, the cost for Plan B is \$10.40 per month (2,000 ÷ 100 = 20 x \$.52 = \$10.40).

### HEALTH FLEXIBLE SPENDING ACCOUNT

Minimum Monthly Amount	\$ 20
Maximum Monthly Amount	\$ 208

You must contribute in whole dollar amounts. The amount of contributions you elect will be deducted from your paycheck in equal amounts throughout the year.

### DEPENDENT CARE ASSISTANCE PLAN

Minimum Monthly Amount	\$ 25
Maximum Monthly Amount	\$ 416

You must contribute in whole dollar amounts. The amount of contributions you elect will be deducted from your paycheck in equal amounts throughout the year.