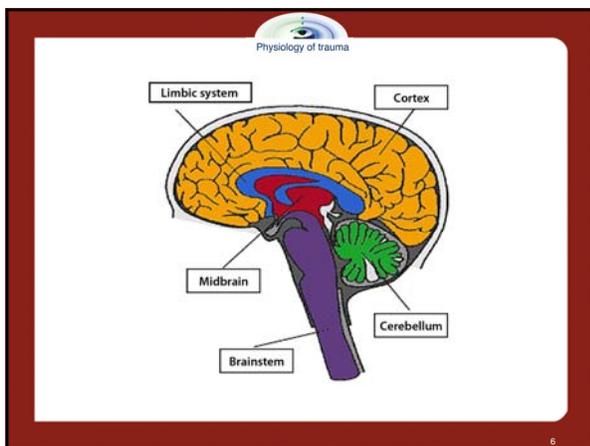


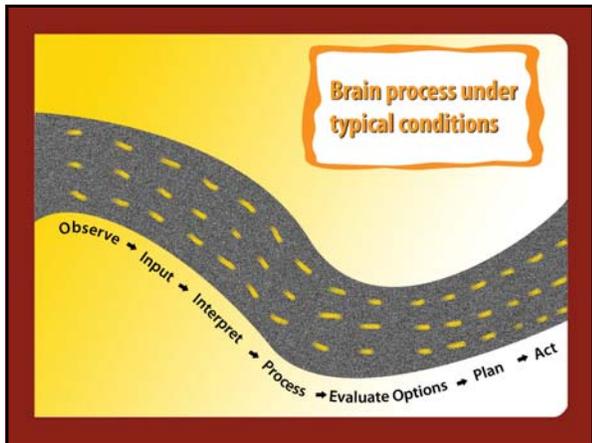
What is "Trauma"?:

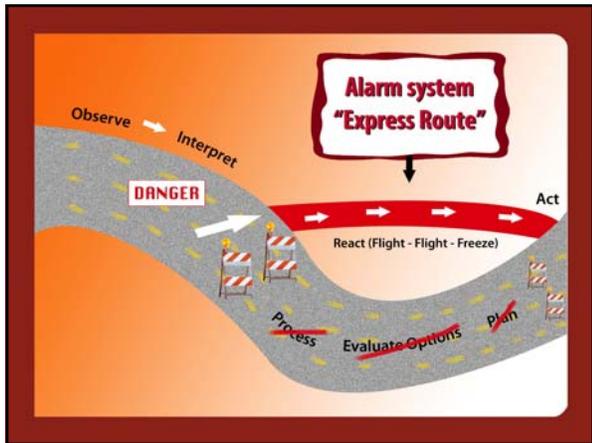
" *Overwhelming* demands placed upon the **physiological system** that result in a profound felt sense of vulnerability and/or loss of control."

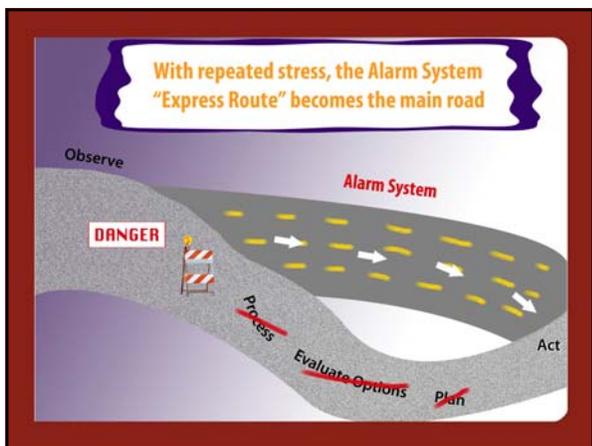
R.D. Macy

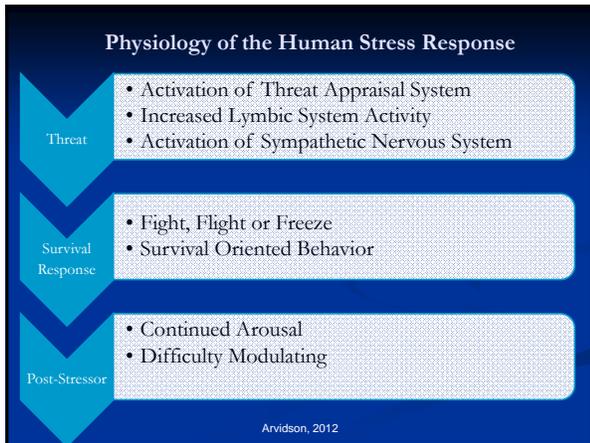


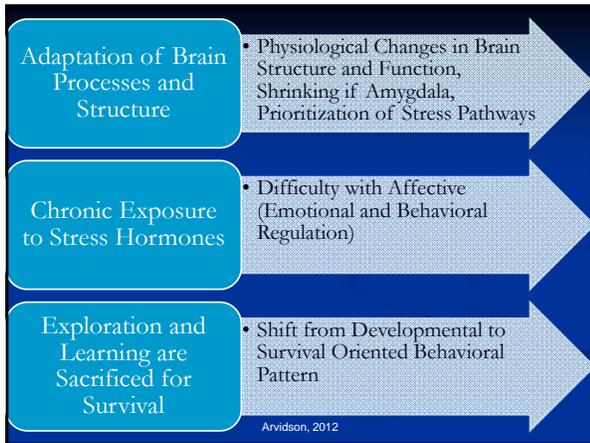












What is “Complex Trauma”?

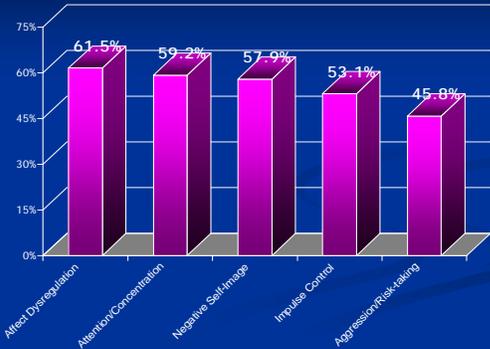
- Dual Definition:
 - Exposure to multiple traumatic events, frequently within a caregiving system that is supposed to be the source of safety and stability
 - Impact of those events, across domains of development, on both immediate and long-term outcomes

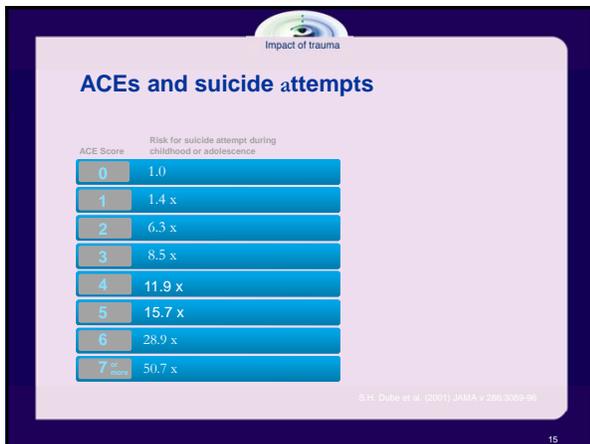
Child Trauma Exposure: Age of Onset in NCTSN

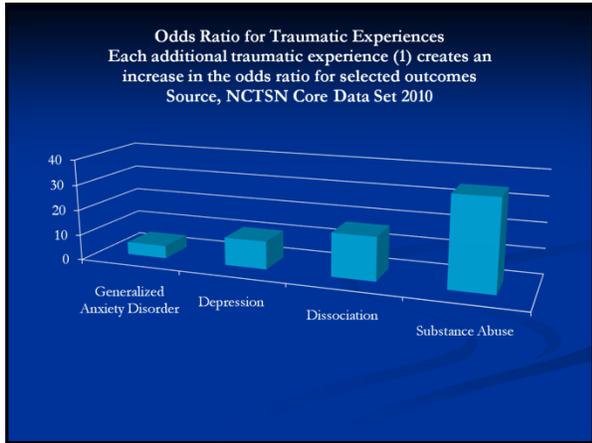
- Mean Age of Onset: 5.0 (SD = 2.8)
 - Median: 5.0
 - Min, Max: 0, 13.0

Early Exposure: Over 1/3 of the sample is adolescent and yet 98% of clinicians surveyed report average age of onset under 11

Complex Posttraumatic Sequelae: Most Frequent Difficulties (NCTSN Survey)







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